Age - 13-level age category (\_AGEG5YR see codebook) 1 = 18-24, 2 = 25-29, …, 9 = 60-64, 13 = 80 or older

Sex - 0 = female, 1 = male

HighChol - 0 = no high cholesterol, 1 = high cholesterol

CholCheck - 0 = no cholesterol check in 5 years, 1 = yes cholesterol check in 5 years

BMI – Body Mass Index. Based on CDC if BMI less than 18.5 than underweight, 18.5 <= BMI <=24.9 than normal or healthy weight, 25 <= BMI <= 29.9 than overweight, BMI >= 30 than Overweight (Sourced From CDC’s Website: <https://www.cdc.gov/healthyweight/assessing/index.html>)

Smoker - Have you smoked at least 100 cigarettes in your entire life? [Note: 5 packs = 100 cigarettes] 0 = no, 1 = yes

HeartDiseaseorAttack - coronary heart disease (CHD) or myocardial infarction (MI) 0 = no, 1 = yes

PhysActivity - physical activity in past 30 days - not including job 0 = no, 1 = yes

Fruits - Consume Fruit one or more times per day 0 = no, 1 = yes

Veggies - Consume Vegetables 1 or more times per day 0 = no, 1 = yes

HvyAlcoholConsumption (Heavy Alcohol Consumption) - Adult male: more than 14 drinks per week. Adult female: more than 7 drinks per week. 0 = no, 1 = yes

GenHlth (General Health) - Would you say that in general your health is: (scale 1-5) 1 = excellent, 2 = very good, 3 = good, 4 = fair, 5 = poor

MentHlth (Mental Health) - days of poor mental health scale 1-30 days

PhysHlth (Physical Health) - physical illness or injury days in past 30 days scale 1-30

DiffWalk (Difficulty Walking) - Do you have serious difficulty walking or climbing stairs? 0 = no, 1 = yes

Diabetes - 0 = no diabetes, 1 = diabetes

Hypertension - 0 = no hypertension, 1 = hypertension

Stroke - 0 = no, 1 = yes